

Biotin	75 mcg	*
Cyanocobalamin	25 mcg	*
Folate	75 mcg	*
Vitamin A (as Retinol Palmitate)	11,300 mcg	*
*Daily Value (DV) has not been established		

Other Ingredients: Cellulose (gm), hydroxypropylmethylcellulose, stearic acid (vegetable source), povidone, silica, magnesium stearate (vegetable source).

Directions: As a dietary supplement, take 1 tablet daily with a meal.

VivaVites Strength Complete Multi is an extremely potent, multiple vitamin made from the finest ingredients. Designed to help support the daily diets of active and busy men and women, this complete one-per-day vitamin helps fill in the gaps created by a fast-paced world.†

No sugar, salt, starch, yeast, corn, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives added.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

VivaVites™ fully guarantees the potency of this product through

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1113946200



● COMPLETE SUPPLEMENT PROGRAM ●

COMPLETE MULTI

ultra strength



An ultra strength
timed release multi-vitamin
with essential vitamins
and chelated minerals†

90 tablets
dietary supplement

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

	Amount Per Serving	%DV*
Vitamin A (as Retinol Palmitate)	25,000 IU	500%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as d-Alpha Tocopheryl Succinate)	200 IU	400%
Vitamin B1 (as Thiamine Mononitrate)	100 mg	2,000%
Vitamin B2 (as Riboflavin)	100 mg	2,000%
Niacin (as Nicotinamide)	100 mg	2,000%
Vitamin B6 (as Pyridoxine HCl)	100 mg	2,000%
Folic Acid	600 mcg	150%
Vitamin B12 (as Cyanocobalamin)	100 mcg	2,000%
Biotin	100 mcg	20%
Pantoic Acid (as Calcium Pantothenate)	100 mg	200%
Calcium (as D-Calcium Phosphate)	100 mg	10%
Iron (as Ferrous Fumarate)	10 mg	10%
Phosphorus (D-Calcium Phosphate)	30 mg	3%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Oxide)	10 mg	10%
Zinc (as Zinc Citrate)	15 mg	15%
Selenium (as L-Selenomethionine)	100 mcg	100%
Copper (as Copper Gluconate)	15 mcg	75%
Manganese (as Manganese Sulfate)	5 mg	250%
Chromium (as Chromium Picolinate)	50 mcg	50%
Molybdenum (as Molybdenum Chloride)	15 mcg	30%
Fluorine (as Fluorine)	20 mg	10%
Chlorine (as Chlorine Potassium)	30 mg	10%
Sodium	30 mg	10%
Vitamin K (as Vitamin K2 Menaquinone-7)	100 mcg	100%