

Herbal Supplement

Trusted since 1910



ESSENTIALS

# ASHWAGANDHA

## EXTRACT

### 450 MG.



### ENERGY AND MOOD SUPPORT\*

90 VEGE CAPSULES

## Supplement Facts

Serving Size 1 Vege Capsules

Amount Per Serving	% Daily Value	
Ashwagandha extract (roots)	450 mg	†
[Standardized for 1.0% total alkaloids (4.5 mg), 1.5% total withanolides (6.75 mg), and 0.25% total withaferin-A (1.125 mg)]		

† Daily Value not established.

**OTHER INGREDIENTS:** VEGETABLE CELLULOSE, MAGNESIUM STEARATE VEGE GRADE, RICE FLOUR

DISTRIBUTED BY: INDIANA BOTANIC GARDENS, INC.  
3401 W. 37TH AVE. HOBART, IN 46342



**Suggested Use:** Take 1 capsule 1 to 3 times daily with meal, as a dietary supplement, or as directed by a physician.

**Warning:** If you are taking any medications or are pregnant or nursing, do not use prior to consulting a physician.

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)

Store in a dry, cool place.

KEEP OUT OF REACH OF CHILDREN  
Any Questions? 1-800-644-8327  
BotanicChoice.com



**\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**



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