BODYBUILDING.COM SIGNATURE

A signature is a promise. A symbol of your identity. Your mark on the world. Bodybuilding.com was founded on a single promise: Trust. It's who we are and it's in our blood. Our Signature line is built on the same promise. Every product is transparent, fiber-free, and formulated with effective doses of research-backed ingredients you can trust. We create the highest quality supplements, so you can focus on leaving a mark of your own.

TOTAL
Transparency

We disclose all of our ingredients and their doses, so you always know exactly what you're putting into your body.

EFFECTIVE
Doses

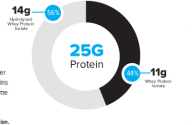
Signature products include the amount of an ingredient that has been shown to deliver results. No more, no less.

RESEARCH
Backed Ingredients

Trendy ingredients come and go, but our time-tested, gym-proven ingredients will help you achieve your goals.

FAST-DIGESTING PROTEIN FOR MUSCLE BUILDING

Whey protein isolate has been filtered to remove the majority of lactose, fat, and carbs, making it higher in protein, leaner, and faster digesting than standard whey. Its quick release of amino acids is ideal for supporting post-workout muscle growth and recovery. Mix up a delicious shake within 30 minutes after your workout.



Directions for Use: Add one scoop (30 grams) to 6 ounces of cold water or milk and mix thoroughly. Our Isolate is made with instantized proteins that mix easily — no clumps or grit! Enjoy pre- or post-workout, or anytime you need a delicious protein boost.

Notice: Use this product as a food supplement only. Do not use for weight reduction.

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Manufactured in the USA in a GMP registered facility with domestic and international ingredients.

Contents may settle. Packed by weight, not by volume.

SIGNATURE

100% WHEY PROTEIN ISOLATE

CONTAINS
110 Calories, 0g Sugar, 1g Carb, and 0g Lactose

DELIVERS
25g Fast-Digesting Pure Protein

SUPPORTS
Muscle Building and Recovery

VANILLA **PROTEIN POWDER**

NATURALLY AND ARTIFICIALLY FLAVORED
GLUTEN AND SOY FREE

ABOUT 76 SERVINGS | Net Wt. 5lbs (2.268kg)

BODYBUILDING.COM™

Nutrition Facts

Serving Size: 1 scoop (30g)
Servings Per Container: About 76

Amount Per Serving	
Calories 110	Calories from Fat 5
	% Daily Value*
Total Fat 0.5g	1%
Saturated fat 0g	0%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 150mg	6%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 25g	50%
Vitamin A 0%	Vitamin C 0%
Calcium 10%	Iron 0%

* Percent Daily values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Ingredients: Hydrolyzed Whey Protein Isolate, Whey Protein Isolate, Natural and Artificial Flavor, Sunflower Lecithin, Salt, Sucralose, Acesulfame Potassium.

Contains Milk.

NO GLUTEN, SOY, TREE NUTS, PEANUTS. CONTAINS NO ADDED SUGAR.

TYPICAL AMINO ACID PROFILE PER SERVING	
Alanine	1253 mg
Arginine	894 mg
Aspartic Acid	2635 mg
Cystine	527 mg
Glutamic Acid	4450 mg
Glycine	459 mg
Histidine	445 mg
Isoleucine	1439 mg
Leucine	2709 mg
Lysine	2373 mg
Methionine	568 mg
Phenylalanine	785 mg
Proline	1452 mg
Serine	1273 mg
Threonine	1743 mg
Tryptophan	418 mg
Tyrosine	730 mg
Valine	1465 mg
Total	25418 mg

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