

Nature's Plus®

The Energy Supplements®

Vegetarian Yeast Free

Multi-Nutrient with Whole Foods

ULTRA II®

JUST ONE TABLET DAILY

Dietary Supplement

60 Tablets



**Nutritional Support for Natural Energy Production
and Overall Well-Being.***

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	25,000 IU	500%
Vitamin C (as ascorbic acid)	100 mg	167%
Vitamin D (as ergocalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Thiamin (vitamin B-1) (as thiamine HCl)	100 mg	6667%
Riboflavin (vitamin B-2)	100 mg	5882%
Niacin (as niacinamide)	100 mg	500%
Vitamin B-6 (as pyridoxine HCl)	100 mg	5000%
Folate (as folic acid)	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1667%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium pantothenate)	100 mg	1000%
Calcium (as amino acid chelate/complex)	40 mg	4%
Iron (as amino acid chelate/complex)	25 mg	139%
Iodine (from kelp)	150 mcg	100%
Magnesium (as amino acid chelate/complex)	20 mg	5%
Zinc (as amino acid chelate/complex)	20 mg	133%
Selenium (as amino acid complex)	10 mcg	14%
Manganese (as amino acid chelate/complex)	6.1 mg	305%
Chromium (as amino acid chelate)	15 mcg	13%
Potassium (as amino acid complex)	15 mg	<1%
PABA (para-aminobenzoic acid)	100 mg	†
Inositol	100 mg	†
Choline (as bitartrate)	42 mg	†
Rutin (from <i>Sophora japonica</i> leaf)	25 mg	†
Bioflavonoids (from <i>Citrus limon</i> exocarp)	25 mg	†
Betaine HCl (from beet molasses)	25 mg	†
Hesperidin (from <i>Citrus limon</i> exocarp)	5 mg	†

†Daily Value not established.

Other ingredients: Microcrystalline cellulose, isolated soy protein, stearic acid, magnesium stearate, rice bran, Pacific kelp, chlorella, date, barley grass, spirulina, black currant seed, bee pollen, garlic, oat bran, apple pectin, broccoli, spinach, carrot, Chinese cabbage (*Brassica campestris*), brown rice, sunflower oil, fig, beet greens, lecithin, rose hips, silica, papaya, watercress, parsley, alfalfa, green cabbage, acerola cherry, wheat germ flour, bromelain (from pineapple fruit) and pharmaceutical glaze.

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, one tablet daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

PRODUCT NO. 3031



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Natural Organics Laboratories, Inc.
makers of **Nature's Plus**
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