## Directions:

Shake well before each use. Adults 18 years and older take 1 teaspoon (tsp) daily. Store in original container. in a cool place protected from light. Refrigerate after opening and consume within 100 days. Keep out

of reach of children. Do not use if safety seal is broken or missing. Let's Grow Together

Find out more at naturesway.com

‡as compared to NutraVege™ Omega-3 Plant 500 mg Zesty Lemon Flavored

## Omega-3 without the fish

Plant sourced formula 1000 mg of EPA/DHA per teaspoon

Clean, Light Taste Great tasting and vegetarian friendly!

Guaranteed Pure View test results online at

purecheck.net





per teaspoon

EPA/DHĂ

Zesty Lemon Flavored

6.8 fl. OZ. (200 mL) Algal Oil Supplement

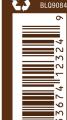
## Supplement Facts

Serving Size 1 teaspoon (tsp) (5 mL) Servings per Container 40

Amount per Serving	% DV	
Calories	40	
Total Fat	4.5 g	6%†
Saturated Fat	1 g	5%†
Trans Fat	0 g	**
Polyunsaturated Fat	1 g	**
Monounsaturated Fat	2 g	**
Cholesterol	0 mg	0%
Algal Oil (Schizochytrium spp.)	2 g	**
Total EPA/DHA	1 g	**
Eicosapentaenoic Acid (EPA)	400 mg	
Docosahexaenoic Acid (DHA)	600 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: sunflower oil, natural flavor. preservatives to maintain freshness (rosemary extract, green tea extract, mixed tocopherols. ascorbyl palmitate) Product of Canada



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