Directions: Adults 18 years and older take 1 teaspoon (tsp) daily. Store in original container, in a cool place protected from light. Refrigerate after opening and consume within 100 days. Do not use if safety seal is broken or missing.

Healthy you, healthy planet Find out more at naturesway.com

## Omega-3 without the fish

Plant sourced formula

500 mg of EPA/DHA per teaspoon

Clean, Light Taste
Great tasting and vegetarian friendly!

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View test results online at purecheck,net



Nature's Way

## Supplement Facts Serving Size 1 teaspoon (tsp) (5 ml) Serving Size 1 teaspoon (tsp) (5 ml)

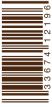
Servings per Container 40		
Amount per Serving	% DV	
Calories	40	
Total Fat	4.5 g	6%†
Saturated Fat	0.5 g	3%†
Polyunsaturated Fat	1 g	**
Monounsaturated Fat	3 g	**
Algal oil (Schizochytrium spp.)	1 g	**
Total EPA/DHA	500 m	
Eicosapentaenoic Acid (EPA)	200 m	
Docosahexaenoic Acid (DHA)	300 m	g **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: sunflower oil, natural flavor, green tea extract, rosemary extract, mixed tocopherols, ascorbyl palmitate

Product of Canada.





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