

Adult Usage: Take one (1) capsule, with or without food, 30 to 60 minutes before bedtime.

# Supplement Facts

Serving Size 1 Vegetarian Capsule  
Servings Per Container 30

| Amount Per Serving                                          |                  |
|-------------------------------------------------------------|------------------|
| Proprietary Probiotic Matrix                                | 26 Billion CFU † |
| <b>Lab4™ Clinical Cultures</b>                              |                  |
| <i>Lactobacillus acidophilus</i> (ATCC SD6865)              |                  |
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| <i>Bifidobacterium bifidum</i> (ATCC SD6869)                |                  |
| <i>Bifidobacterium animalis subsp. lactis</i> (ATCC SD6870) |                  |
| <b>Active Microbiome Blend</b>                              |                  |
| <i>Lactobacillus rhamnosus</i> IMC501                       |                  |
| <i>Lactobacillus paracasei</i> IMC502                       |                  |
| Gamma-Aminobutyric Acid (from PharmaGABA®)                  | 100 mg †         |
| Valerian Root Extract                                       | 50 mg †          |
| Melatonin (immediate release)                               | 0.75 mg †        |
| Melatonin (delayed release)                                 | 0.75 mg †        |

† Daily Value not established.

Other Ingredients: Hypromellose, microcrystalline cellulose, maltodextrin, silica, starch, magnesium stearate, titanium dioxide, FD&C Red #40 and FD&C Blue #1.  
Distributed by Direct Digital, LLC, Charlotte, NC 28202  
Made in the UK

**PRECAUTIONS:** For adult use only at bedtime. This product causes drowsiness and sleepiness. Do not use during the daytime, with alcohol, when driving or while operating heavy machinery. Consult a healthcare practitioner before use if you are pregnant or nursing, have a serious medical condition or use any medications; as there may be product interactions or diminished benefits from your probiotics, especially if taken around the same time as antibiotics or corticosteroids.

No refrigeration necessary. Guaranteed potency through expiration date.  
Keep out of the reach of children. Keep product at room temperature and humidity [59-77°F (15-25°C), 60% RH].

[www.PEPTIVAPROBIOTICS.com](http://www.PEPTIVAPROBIOTICS.com)  
1-800-355-6050



## DID YOU KNOW?

Nighttime is the perfect time for your body to renew itself. As your body winds down, it's an ideal environment for the clinically validated multi-strain probiotic matrix to thrive. You can rest easy knowing your digestive health will be back on track soon!

RESTORE BALANCE AS YOU SLEEP

# PEPTIVA®

CLINICALLY VALIDATED PROBIOTICS

+ SLEEP SUPPORT

- Multi-Strain Probiotic Matrix
- Renews Digestive Health\*
- Guaranteed Potency
- Doctor-Formulated



PharmaGABA® is a registered trademark of Pharma Foods International Co., Ltd. (Japan).

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.