

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Fenugreek (*Trigonella foenum-graecum*) is traditionally used to soothe the stomach.* Our Fenugreek is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

Contains no sugar, salt, yeast, corn, soy, dairy products, artificial colors, flavors, or preservatives.

 **VEGETARIAN**

◆ LN14610.B06 BLK8015B



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Fenugreek

Seed



180 Vegetarian Capsules / 610 mg per Cap

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules two to three times daily.

Warning: Not for use during pregnancy or if you are attempting to become pregnant. If you are nursing, have diabetes, or are taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules / Servings per Container 90

Amount per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Fenugreek (seed)	1.22 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), silica

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Questions? 1-800-9NATURE / naturesway.com

