

Swanson

U L T R A[®]

The Most Advanced Nutrition Technology

POWDER

Grass-Fed, Certified rBGH-Free

Whey Protein Powder

Dietary Supplement
Vanilla

Net Wt 14.8 oz (420 g)



Supplement Facts

Serving Size 1 Scoop (23 g)
Servings Per Container 18

	Amount Per Serving	% Daily Value
Calories	90	
Calories from Fat	15	
Total Fat	1.5 g	2%†
Saturated Fat	1 g	5%†
Trans Fat	0 g	
Cholesterol	50 mg	17%†
Total Carbohydrate	2 g	1%†
Sugars	1.5 g	
Protein	17 g	
Vitamin A (as palmitate and beta-carotene)	500 IU	10%
Vitamin C (as ascorbic acid)	6 mg	10%
Vitamin D (as cholecalciferol)	40 IU	10%

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl acetate)	3 IU	10%
Thiamin (vitamin B-1) (as thiamin HCl)	0.15 mg	10%
Riboflavin (vitamin B-2)	0.17 mg	10%
Niacin (as niacinamide)	2 mg	10%
Vitamin B-6 (as pyridoxine HCl)	0.2 mg	10%
Folic Acid	40 mcg	10%
Vitamin B-12 (as cyanocobalamin)	0.6 mcg	10%
Biotin	30 mcg	10%
Pantothenic Acid (as calcium pantothenate)	1 mg	10%
Calcium**	90 mg	9%
Iron (from ferrous fumarate)	1.8 mg	10%

	Amount Per Serving	% Daily Value
Phosphorus**	60 mg	6%
Magnesium**	12 mg	3%
Sodium**	90 mg	4%
Potassium**	160 mg	5%
Whey Protein Concentrate 80% (milk) (from hormone-free, grass-fed cows)	22 g	*
Aminogen® Patented Plant Enzyme	80 mg	*

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

**Typical analysis. Nutrients are naturally occurring.

Other ingredients: Natural vanilla flavor, xylitol, xanthan gum, lo han guo extract (Momordica grosvenorii) (fruit), sunflower lecithin.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

Aminogen® is a registered
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Industries, Inc.



SUGGESTED USE: As a dietary supplement, mix one scoop (23 g) with at least 6 to 8 oz of cold water or your favorite beverage. Scoop included.

Filled by weight. Some settling may occur.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

- DO NOT USE IF SEAL IS BROKEN.
- KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE.

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