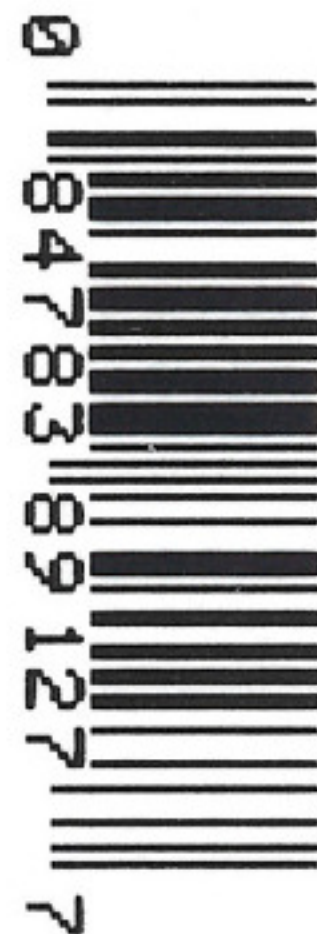


Recommend Dosage: This product is only to be used under a Professional Health Care Provider during the last 6 weeks of pregnancy. Take 1 capsule daily for the 1st week, 2 capsules daily during the 2nd week, and 2 capsules 3 times a day for the 3rd week and thereafter, or as directed by your health care professional. 6 capsules daily is the maximum dosage suggested.

WARNING: Do not use during pregnancy unless supervised by a Professional Health Care Provider.

Christopher's Original Formulas
1-800-453-1406
www.drchristopher.com

Manufactured By:
Wholistic Botanicals L.L.C.
Spanish Fork, Utah 84660
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Christopher's

Original



Formulas

John R. Christopher®

Dietary Supplement

Birth-Prep

Six Week Formula*

100 Vegetarian Caps

420 mg each

Supplement Facts

Serving Size 2 Capsules
Serving Per Container 50

Amount Per Serving	% Daily Value
840 mg	

Proprietary Blend: *
Blessed Thistle Herb, Black Cohosh Root, False Unicorn Root, Red Raspberry Leaf, Lobelia Herb, Marshmallow Root, Squaw Vine Herb, Pennyroyal 4:1 Extract Powder, & Squaw Vine 4:1 Extract Powder.

*Daily Value not established

Other Ingredients:
Plant-derived capsule.

No Added Fillers or Chemicals

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.