

FOUNDATION SERIES

**BODYBUILDING.COM
SPORTS NUTRITION**

Here at Bodybuilding.com, our goal is to help people like you meet your health, fitness and appearance goals through information, motivation and supplementation. We want you to have every possible tool at your disposal, so we constantly add more articles, videos, workouts, diet plans and transformation stories to our website. We've also developed a full line of our own nutritional supplements that—when combined with the right workout and nutrition program—will help you reach your goals. All Bodybuilding.com products have been formulated to the highest standards with high-quality, effective ingredients that produce real results. If you aren't completely satisfied with any product, return it any time for a full refund.

FOUNDATION SERIES

**BODYBUILDING.COM
100% WHEY POWER**

FOUNDATION SERIES

GET WHEY BETTER RESULTS*

Of the many protein sources available, whey protein is the ultimate. It provides the body with the necessary building blocks including Branched Chain Amino Acids (BCAAs) needed in the growth, repair and maintenance of muscle tissue.* Bodybuilding.com 100% Whey Power contains the highest quality whey protein powder packed with 25 grams of protein per serving. 100% Whey Power mixes smoothly and easily in a glass or shaker bottle. Just add water, milk or juice. Supplement with Bodybuilding.com 100% Whey Power protein to support your results!† For more information about this product visit Bodybuilding.com.

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BODYBUILDING.COM FITNESS APPS

You're just a few downloads away from getting the best Bodybuilding.com has to offer—our store, fitness plans, how-to videos, tracking tools, and community—in app form.

See them all at BODYBUILDING.COM/APPS



PACKAGED BY WEIGHT NOT VOLUME.
CONTENTS MAY SETTLE DURING SHIPPING.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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FOUNDATION SERIES

**NEW
& IMPROVED!**
Better Taste
Improved Mixability
More Protein

25g
PROTEIN

**50
SERVINGS**

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100% WHEY POWER

SPORTS NUTRITION

NOTICE: Use this product as a food supplement only.
Do not use for weight reduction.

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0g
TRANS FAT

Net Wt. 4 lbs. (1,814g)
DIETARY SUPPLEMENT

FOUNDATION SERIES

Supplement Facts

Serving Size: 1 Scoop (36g)
Servings Per Container: About 50

	Amount per serving	% Daily Value
Calories	150	
Calories From Fat	25	
Total Fat	3 g	5%*
Saturated Fat	1 g	5%*
Trans Fat	0 g	†
Cholesterol	55 mg	18%
Total Carbohydrate	5 g	2%*
Dietary Fiber	0 g	0%*
Sugars	3 g	†
Protein	25g	50%*
Calcium	180 mg	18%
Phosphorus	130 mg	13%
Sodium	60 mg	3%
Potassium	200 mg	6%

*Percent Daily Values are based on a 2000 calorie diet.
†Daily Value not established.

INGREDIENTS: Protein blend (Whey protein concentrate, Whey protein isolate, Partially hydrolyzed whey protein), Non-dairy creamer (Sunflower oil, corn syrup solids, sodium caseinate, mono- and diglycerides, dipotassium phosphate, tricalcium phosphate, soy lecithin, tocopherols), Natural and artificial flavors, Lecithin, Guar gum, Acesulfame potassium, Sucralose.

ALLERGEN WARNING: Contains MILK and SOY and is manufactured in a facility that also processes WHEAT, EGG and PEANUT.

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DIRECTIONS

Mix one scoop with 6 to 8 oz of water, milk, fruit juice or your favorite beverage. Ideally take one serving immediately following your workout. For optimal results mix 100% Whey Power with 100% Casein for a combination of fast digesting and slow digesting protein support. Serving scoop included, but may settle to the bottom during shipping.

WARNINGS

Before using this product, consult with your physician if you are using any prescription or over the counter medication, if you have any pre-existing medical condition, or if you are planning a medical procedure. Do not use if the seal is broken or missing. This product contains chemicals known to the state of California to cause cancer, birth defects or other reproductive harm.



This product was manufactured in SQF Certified Facility No. 104896 and exceeds GMP standards. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.

Distributed by:



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