

Directions: Shake well before each use. Adults 18 years and older take 1 teaspoon (tsp) daily. Store in original container, in a cool place protected from light. Refrigerate after opening and consume within 100 days. Do not use if safety seal is broken or missing.

Healthy you, healthy planet
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Omega-3 without the fish

Plant sourced formula

500 mg of EPA / DHA per teaspoon

Clean, Light Taste

Great tasting and vegetarian friendly!

Guaranteed Pure

View test results online at
purecheck.net



Pure™
Check for yourself.



NutraVege™ Omega-3 Plant®



500 mg
EPA/DHA
per teaspoon

Strawberry Orange Flavored
200 ml (6.8 fl. oz.) Algal Oil Supplement

Supplement Facts

Serving Size 1 teaspoon (tsp) (5 ml)

Servings per Container 40

Amount per Serving	% DV
Calories	40
Total Fat	4.5 g 6%†
Saturated Fat	0.5 g 3%†
Polyunsaturated Fat	1 g **
Monounsaturated Fat	3 g **
Algal oil (<i>Schizochytrium</i> spp.)	1 g **
Total EPA/DHA	500 mg **
Eicosapentaenoic Acid (EPA)	200 mg **
Docosahexaenoic Acid (DHA)	300 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: sunflower oil, natural flavors, green tea extract, rosemary extract, mixed tocopherols, monk fruit extract, ascorbyl palmitate

Product of Canada.



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