

0 70030 62515 3

melatonin

3 mg

may help support restful sleep patterns*



180
TABLETS

180 TABLETS **DIETARY SUPPLEMENT**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Melatonin 3 mg	†
Chamomile (flower) 500 mcg	†

†Daily Value not established.

Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Magnesium Stearate, Melatonin, Silicon Dioxide, Chamomile.

GLUTEN FREE

Questions? Call 1-800-910-6874
094 02 2205 ID063421
Distributed by Target Corporation
Minneapolis, MN 55403
© 2013 Target Brands, Inc.
Shop Target.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BALANCE
In the body, melatonin is involved in the natural sleep cycle.* Melatonin may be a terrific choice for people experiencing occasional sleeplessness, those with jet lag, or anyone seeking to promote relaxation and restful sleep.*

Directions: Adults, take one tablet at bedtime as melatonin may produce drowsiness. As a reminder, discuss the supplements and medications you take with your healthcare provider.

WARNING: Do not use this product if you are pregnant, considering becoming pregnant or nursing a baby. Consult your doctor before use if you are taking any medication (including over-the-counter medication), planning a medical procedure or have any medical condition including but not limited to: an autoimmune condition, depression, liver or kidney disease, diabetes, heart problems, seizures, or bleeding problems. Do not drive, operate machinery or consume alcohol when taking this product.

Discontinue use and consult your doctor if any adverse reactions occur.

Keep out of reach of children.

Store at room temperature (59°-86°F).

EXP08/14
2KN2244

TM UN 94HNE :