SPORTS NUTRITION

Here at Bodybuilding.com, our goal is

fitness and appearance goals through

to help people like you meet your health

information, motivation and supplementation

your disposal, so we constantly add more

articles, videos, workouts, diet plans and

goals. All Bodybuilding.com products have

with high-quality, effective ingredients

100% WHEY POWER

### BODYBUILDING.COM BODYBUILDING.COM

## **GET WHEY BETTER RESULTS\***

Of the many protein sources available, whey protein is the ultimate. It provides the body with the necessary building blocks including Branched Chain Amino Acids (BCAAs) needed in the growth, repair and maintenance of muscle tissue.\* Bodybuilding.com 100% Whey Power contains the highest quality whey protein powder packed with 25 grams of protein per serving, 100% Whey Power mixes smoothly and easily in a glass or shaker bottle. Just add water, milk or juice. Supplement with Bodybuilding.com 100% Whey Power protein to support your results!\* For more information about this product

BODYBUILDING.COM FITNESS APPS videos, tracking tools, and community-



visit Bodybuilding.com.





THIS DRODUCT IS NOT INTENDED TO DIAGNOSE TREAT CURE OR PREVENT ANY DISEASE

IMPROVED!









NATURAL & ARTIFICIAL FLAVOR



Og

TRANS FAT

49 SERVINGS

NOTICE: Use this product as a food supplement only.

Do not use for weight reduction.

NUTRITION

Net Wt. 4 lbs. (1,814g) DIETARY SUPPLEMENT

# Supplement Facts Serving Size: 1 Scoop (37g)

Servings Per Container: About 49

	Amount per serving	% Daily Value
Calories	150	
Calories From Fat	25	
Total Fat	3 g	5%*
Saturated Fat	1 g	5%*
Trans Fat	0 g	1
Cholesterol	60 mg	20%
<b>Total Carbohydrate</b>	5 g	2%*
Dietary Fiber	0 g	0%*
Sugars	3 g	1
Protein	25 g	50%*
Calcium	150 mg	15%
Phosphorus	120 mg	12%
Sodium	70 mg	3%
Potassium	200 mg	6%

\* Percent Daily Volume are hased on a 2 000 caloria dist

INGREDIENTS: Protein blend (Whey protein concentrate, Whey protein isolate. Partially hydrolyzed whey protein. Nondairy creamer (Sunflower oil, corn syrup solids, sodium caseinate mono- and diplycerides, dipotassium phosphate, tricalcium phosphate, soy lecithin, toopohemis). Natural and artificial flavors Guar our Lecithin, Ground cinnamon, Acesulfame

ALLERGEN WARNING: This product contains milk, and soy, This product is manufactured in a facility that uses materials containing wheat, egg and peanut,

### DIRECTIONS Mix one scoop with 6 to 8 oz of water milk fruit juice or your

favorite beverage. Ideally take one serving immediately following your workout. For optimal results mix 100% Whey Power with 100% Casein for a combination of fast digesting and slow digesting protein support. Serving scoop included, but may settle to the bottom during shipping.

### WARNINGS

Before using this product, consult with your physician if you are using any prescription or over the counter medication, if you have any pre-existing medical condition, or if you are planning a medical procedure. Store at room temperature. Do not use if the seal is broken or missing. This product contains chemicals known to the state of California to cause cancer birth defects or other reproductive harm.



This product was manufactured in SQF Certified Facility No. 104896 and exceeds GMP standards. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary



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t Daily value not established

FOUNDATION SERIES

**25**<sub>G</sub>

PROTEIN