



AYURVEDIC HERBS

Punarnavadi Guggulu

Kapha Balancing Formula
for the Kidneys, Heart, and Joints*



90 Tablets
Dietary Supplement

Certified Organic

SUGGESTED USE: Take 1-2 tablets, once or twice daily, or as directed by your health practitioner.
Not for use by pregnant women.

Supplement Facts

Serving Size: 2 tablets

Servings Per Container: 45

Amount
Per Serving

Proprietary Blend

600mg**

Guggul resin (*Commiphora mukul*)⁺, Ginger root (*Zingiber officinale*)⁺, Boerhavia root (*Boerhaavia diffusa*)⁺, Castor root and oil (*Ricinus communis*)⁺, Indian Jalap root (*Operculina turpethum*)⁺, Amla fruit (*Emblica officinalis*)⁺, Long Pepper fruit (*Piper longum*)⁺, Black Pepper fruit (*Piper nigrum*)⁺, Ceylon Leadwort root (*Plumbago zeylanica*)⁺, Marking-nut Tree fruit (*Semecarpus anacardium*)⁺, Belleric Myrobalan fruit (*Terminalia bellerica*)⁺, Chebulic Myrobalan fruit (*Terminalia chebula*)⁺, Indian Tinospora stem (*Tinospora cordifolia*)⁺, Baliospermum root (*Baliospermum montanum*)⁺

⁺Certified Organic

^{**}Daily Value not established

Other ingredients, from natural sources: organic maltodextrin, organic rice flour, silicon dioxide.

Free of gluten, soy, and dairy. 100% vegetarian.

If you are pregnant, nursing, taking medications, or have a medical condition please consult with your health care practitioner prior to the use of this product.

Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place. Do not use if seal is broken or missing.

Distributed by
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New Mexico Department
of Agriculture

1-800-953-6424

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