



AYURVEDIC HERBS

ORGANIC

Punarnavadi Guggulu powder



Suggested use: $\frac{1}{8}$ to $\frac{1}{4}$ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Dietary Supplement

Supplement Facts

Amount Per Serving

Serving Size: $\frac{1}{4}$ tsp

Proprietary Blend

$\frac{1}{4}$ tsp**

**Daily Value Not Established

Guggulu resin (Commiphora mukul)+, Ginger root (Zingiber officinale)+, Punarnava root (Boerhaavia diffusa)+, Eranda root (Ricinus communis)+, Nishoth stem (Operculina terpehthum)+, Castor Oil+, Amalaki fruit (Emblca officinalis)+, Pippali fruit (Piper longum)+, Black Pepper fruit (Piper nigrum)+, Chitrak root (Plumbago zeylanica)+, Bhallataka fruit (Semecarpus anacardium)+, Bibhitaki fruit (Terminalla bellirica)+, Haritaki fruit (Terminalla chebula)+, Guduchi stem (Tinospora cordifolia)+, Danti root (Ballospermum montanum)+

+ Certified Organic

Other ingredients from natural sources: Silicon dioxide

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