

ZenMind® Adapt with Sensoril®

ZenMind® Adapt enhances the parasympathetic nervous system balancing action of GABA and L-Theanine with the addition of Sensoril®, a pure water extract of ashwagandha, an Ayurvedic herb well known for its ability to help the body function under stress.* Sensoril® has been shown to help alleviate the physical, emotional, and mental effects of stress and tension.*

Suggested Use

As a dietary supplement, 2 capsules one or two times daily between meals, or as directed by a healthcare practitioner.

Warning: If taking antidepressants or other psychotropic medications, use only under the supervision of a qualified healthcare practitioner. Although we are not aware of any interactions, because these also affect brain function there is theoretical potential for negative or positive interactions, either of which would need to be monitored.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ZenMind® Adapt with Sensoril®

Hypoallergenic

Dietary Supplement



60 vegetarian capsules

Supplement Facts

Serving Size	2 Capsules
Servings Per Container	30

Amount Per Serving	% Daily Value
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GABA (Gamma-Aminobutyric Acid)	550 mg	†
L-Theanine	200 mg	†
Sensoril® Ashwagandha (<i>Withania somnifera</i>) Root and Leaf Extract	125 mg	†

† Daily value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-Leucine.

Formulated exclusively for
NutriCology® Alameda, CA 94502
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Suntheanine®

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6,153,198 & 7,318,938.

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