

0 70030 62474 3

biotin

5,000 mcg

helps support healthy hair and skin*
helps support carbohydrate, protein
and fat metabolism*



60 CAPSULES DIETARY SUPPLEMENT

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.



ACTUAL
SIZE

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value
Biotin (as d-Biotin) 5000 mcg	1667%

Other Ingredients: Dicalcium Phosphate, Gelatin, Microcrystalline Cellulose, Hydroxypropyl Cellulose, Talc, Magnesium Stearate, Calcium Silicate, Sodium Lauryl Sulfate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor.

Quality Tested

GLUTEN FREE

Questions? Call 1-800-910-6874

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Minneapolis, MN 55403

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RESTORE

Biotin plays a role in hair and skin health.* In addition, biotin is essential for carbohydrate, protein and fat metabolism.*

Directions: Adults, take one capsule daily with the meal of your choice.

Caution: If you are pregnant or nursing a baby, or if you are taking any medication or have a medical condition, consult your doctor before taking this product.

Keep out of reach of children.

Store in a dry place at room temperature (59°-86°F).

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