

## **Supplement Facts**

Serving Size 1 Spray Servings Per Container 80

Amount Per Serving	%DV
Vitamin E (as d-alpha 1 IU tocopheryl acetate)	3%
Vitamin Bố 2.5 mg (as pyridoxine HCl)	125%
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Melatonin (N-acetyl- 1.5 mg † 5-methoxytryptamine)
GABA (gamma . . . . 2500 mcg † aminobutyric acid)

†Daily Value (DV) not established.

Other ingredients: Vegetable glycerin, purified water, purified lecithin, natural peppermint flavor and citrus peel extract (*Citrus sinensis*).

In a proprietary micro-soluble complex of healthful lecithin, including naturally occurring constituents such as mediumchain triglycerides and phosphatidylcholine.

**NOTICE:** For adult use only. Melatonin should not be used except with a physician's advice in the following conditions: pregnancy, lactation, serious illness, autoimmune disorders, diabetes, depression, endocrine disorders or during use of antidepressants or other prescription medications. Do not drive or operate heavy machinery while using.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

## Nutritional Support for Healthy Sleep. \*

Each metered, non-aerosol spray supplies an activated complex of 100% pharmaceutical-grade Melatonin, highly active coenzymes and a proprietary base of essential metabolic factors. This power-packed profile is then optimized, using the Instaceutic® delivery system for maximal absorption and utilization.

**DIRECTIONS: SHAKE WELL BEFORE USING.** As a dietary supplement, one spray 30 minutes before retiring. Spray under tongue, hold for 20 seconds and then swallow.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LBL. 1136814

Manufactured with LOVE ♥ for NATURE'S PLUS

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PRODUCT NO. 4762

