

GLA Borage Oil

Gamma-linolenic acid (GLA) from borage oil. GLA is an ω -6 semi-essential fatty acid. Borage oil is high in GLA content (23% min.), and is also a significant source of linoleic acid, another ω -6 fatty acid.

Suggested Use

As a dietary supplement, 1 softgel one or two times daily with meals, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.

Formulated exclusively for NutriCology®
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GLA Borage Oil

High Potency Gamma-Linolenic Acid

Hypoallergenic

Dietary Supplement



90 softgels

Supplement Facts

Serving Size	1 Softgel
Servings Per Container	90

Amount Per Serving		
Calories	10	
Calories from Fat	10	
	% Daily Value*	
Total Fat	1.0 g	2%
Polyunsaturated Fat	500 mg	†
Borage Oil	1.0 g	†
Gamma-Linolenic Acid (ω -6)	240 mg	†
Linoleic Acid (ω -6)	380 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

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