SUGGESTED USAGE: As a dietary supplement, take 4 capsules 1 to 2 times daily on an empty stomach especially before and after exercise.

Branched chain amino acids (BCAA's) are 3 essential amino acids which are abundant in muscles. The branched chain amino acids Leucine, Isoleucine and Valine are three of the eight essential amino acids that the human body must receive in food. These amino acids cannot be synthesized in the liver.

HOLLYWOOD SUPPS™

BRANCHED CHAIN-AMINO ACID CAPSULES

100% Pure
L-Leucine, L-Isoleucine, L-Valine
Pharmaceutical Grade
440 Capsules
A Dietary Supplement
GLUTEN FREE

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 60

Amount Per Serving	
L-Leucine (Free-Form)	1.6 g (1,600 mg)*
L-Isoleucine (Free-Form)	800 mg*
L-Valine (Free-Form)	800 mg*

* Daily Value not established.

Other ingredients: Gelatin (Capsule) and Stearic Acid (Vegetable Source). Contains milk derivative. Contains no salt, starch, yeast, wheat, gluten, soy, egg, shellfish or preservatives.

Manufactured in Simi Valley, California USA
For more product information visit www.atighteru.com

These branch chain amino acids are pharmaceutical grade.

Store in a cool, dry place after opening.

Please recycle.

These statements have not been evaluated by the FDA. This product is not itended to diagnose, treat, cure or prevent diseases.