



AYURVEDIC HERBS

ORGANIC

# Manjistha powder

*(Rubia cordifolia)*



**Suggested use:** ¼ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Dietary Supplement

## Supplement Facts

Amount Per Serving

Serving Size: ½ tsp

Manjistha root powder (*Rubia cordifolia*)<sup>+</sup>

½ tsp\*\*

<sup>+</sup> Certified Organic

\*\*Daily Value Not Established

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