

0 70030 62464 4

magnesium

250 mg

helps support bone and muscle health*



100 TABLETS

100 TABLETS
DIETARY SUPPLEMENT

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ACTUAL SIZE

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	% Daily Value
Magnesium 250 mg	63%

INGREDIENTS: Magnesium Oxide, Calcium Carbonate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Citric Acid, Magnesium Stearate, Talc, Sodium Lauryl Sulfate.

No artificial color, artificial flavor, preservatives, lactose, starch, soy, gluten

Laboratory tested

Questions? Call 1-800-910-6874

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BONE HEALTH*
Magnesium helps to regulate Calcium transport and is essential for proper bone mineralization.* In addition, magnesium is also involved in muscle contractions and nerve impulses.*

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Suggested Use: As a dietary supplement for adults, take one tablet daily with the meal of your choice.

Keep out of reach of children.

Store in a dry place at room temperature (59°-86°F).

GLUTEN FREE

EXP 10/14
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