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SUGGESTED USE

Shake Well Before Using

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

Caution: Seek expert medical advice before taking during pregnancy.

Keep Out of the Reach of Children

Store away from heat & light

CALM BREATHING™

RESPIRATORY SYSTEM*

Formerly Calm Breath



HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Calm Breathing™

Traditional Support for Calm & Clear Breathing*

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Proprietary extract blend: 630 mg †	†
Khella seed (Ammi visnaga) †	†
Stink Cabbage rhizome with root (Symplocarpus foetidus) †	†
Grindella budding & flowering tops (Grindella integrifolia) †	†
Tumeric rhizome (Curcuma longa) †	†
Thyme flowering herb (Thymus vulgaris) †	†
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol (60-70%) & distilled water. **Gluten-Free**

Ⓢ Certified Organic Ⓢ Responsibly Wildcrafted

Ⓢ Fresh (undried) Ⓢ Extraction rate 84 mg fresh herb & 149 mg dry herb per 0.7 mL

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.