

Flashes No More™

Flashes No More™ contains four unique ingredients which play various roles in easing the typical discomforts that can accompany menopause.*

Suggested Use

As a dietary supplement, adult females take 1 capsule two times daily, or as directed by a healthcare professional.

Warning: Not for use by pregnant or lactating women.

Store in cool, dry place, tightly capped.

EstroG-100® is a registered trademark of Naturalendo Tech Co., Ltd.

Gravinol® grape seed extract with concentrated oligomeric proanthocyanidins is a product of Kikkoman Biochemifa Company (Tokyo, Japan).

LIFENOL® is a trademark of Naturex.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Formulated exclusively
for NutriCology®
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Flashes No More™

EstroG-100®, Lifenol®,
Gravinol®, Succinate

Hypoallergenic

Dietary Supplement

60 vegetarian capsules

Supplement Facts

Serving Size 1 capsule
Servings Per Container 60

Amount Per Serving % Daily Value*

Magnesium
(as Magnesium Succinate) 20 mg 5%

EstroG-100® (as *Phlomis umbrosa* Extract,
Cynanchum wilfordii Extract, *Angelica gigas* Nakai
Extract) 257 mg †

Succinic Acid (as Magnesium Succinate) 110 mg †

Grape Seed Extract (83% Oligomeric
Proanthocyanidins) (Gravinol®) 50 mg †

Female Hops Cone Extract (Lifenol®) 42.5 mg †

† Daily Value not established *Percent Daily value based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose,
Leucine, silicon dioxide.

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