



AYURVEDIC HERBS

ORGANIC

Kanchanar Guggulu powder



Suggested use: $\frac{1}{8}$ to $\frac{1}{4}$ teaspoon with warm water once, or twice daily, or as directed by your health practitioner.

Dietary Supplement

Supplement Facts

Amount Per Serving

Serving Size: $\frac{1}{4}$ tsp

Proprietary Blend

$\frac{1}{4}$ tsp**

Guggulu resin (*Commiphora mukul*)⁺, Kanchanara herb (*Bauhinia variegata*)⁺, Amalaki fruit (*Embilca officinalis*)⁺, Bibhitaki fruit (*Terminalia belerica*)⁺, Haritaki fruit (*Terminalia chebula*)⁺, Silicon dioxide, Pippali fruit (*Piper longum*)⁺, Ginger root (*Zingiber officinale*)⁺, Black Pepper fruit (*Piper nigrum*)⁺, Varuna bark (*Crateva nurvala*)⁺, Cardamom seed (*Elettaria cardamomum*)⁺, Cinnamon bark (*Cinnamomum verum*)⁺, Bay leaf (*Cinnamomum tamala*)⁺

**Daily Value Not Established

⁺ Certified Organic

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