

SERENE

FOR SUPPORT DURING PERIODS OF
ANXIETY AND STRESS

SAMPLE PACK
(10 CAPSULES)
HERBAL, VITAMIN,
AND MINERAL
FOOD SUPPLEMENT

DIRECTIONS

Take two capsules after breakfast, or as directed by your healthcare practitioner.

DESCRIPTION

Serene is a natural supplement to reduce daily anxiety and stress reaction. Continuous stress can cause burnout and weight gain.

Does not contain gluten, dairy or GMO. Contains starch.

CAUTION

Do not exceed the recommended dose. Keep out of reach of children. Do not take if you have high blood pressure, prone to seizures, have a bleeding disorder or liver disease. Consult your medical practitioner before taking these capsules if you are on medication. It is not recommended that children, pregnant or nursing women take this supplement. Stop taking if any side-effects occur.

FORMULATION

Ingredients	mg
Magnesium Citrate	50.00
N-Acetyl L-Cysteine	125.00
L-Taurine	125.00
Green Tea	200.00
L-Theanine	50.00
B5 (Pantothenic Acid)	37.50
Niacin	25.00

Ingredients	mg
Hops	112.50
B6 (Pyridoxine Hydrochloride)	10.00
B2 (Riboflavin)	10.00
Korean ginseng	75.00
B1 (Thiamine Hydrochloride)	5.00
B12	125mcg

For more information visit www.mydnahealth.co.uk



Manufactured in the United Kingdom to GMP code of practice and BS:EN 9001:2000
Quality Assured Certification