



AYURVEDIC HERBS

I Sleep Soundly™

Promotes Sound, Restful Sleep*



90 Tablets
Dietary Supplement

Certified Organic

SUGGESTED USE: Take 1-2 tablets 1/2 hour before going to bed, or as directed by your health practitioner.

If you are pregnant, nursing, taking medications, or have a medical condition please consult with your health care practitioner prior to the use of this product.
Keep out of the reach of children.

Supplement Facts		Serving Size: 2 tablets	Servings Per Container: 45
Amount Per Serving		Other ingredients, from natural sources: organic rice flour, organic gum acacia. Free of gluten, soy, and dairy. 100% vegetarian.	
Proprietary Blend	1000mg**		
Eclipta leaf (Bhringaraj), <i>Eclipta alba</i> ⁺		*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Store in a cool, dry place. Do not use if seal is broken or missing.	
Valerian root, <i>Valeriana officinalis</i> ⁺			
Skullcap herb, <i>Scutellaria lateriflora</i> ⁺		+Certified Organic **Daily Value not established	
Passionflower herb, <i>Passiflora incarnata</i> ⁺			
Indian Tinospora stem (Guduchi), <i>Tinospora cordifolia</i> ⁺			
Chamomile flower, <i>Matricaria recutita</i> ⁺			
Ashwagandha root, <i>Withania somnifera</i> ⁺			
Finger-leaf Morning Glory root (Vidari Kanda), <i>Ipomoea digitata</i> ⁺			
Fennel seed, <i>Foeniculum vulgare</i> ⁺			
Long Pepper fruit (Pippali), <i>Piper longum</i> ⁺		Distributed by Banyan Botanicals, Albuquerque, NM 87113 Made in USA	
Nutmeg seed, <i>Myristica fragrans</i> ⁺			
		Certified Organic by New Mexico Department of Agriculture	