

ZenMind®

ZenMind® contains a combination of L-theanine and GABA. L-theanine is found in green tea (*Camellia sinensis*).

Suggested Use

As a dietary supplement, 1 or 2 capsules daily between meals, or as directed by a healthcare practitioner.

Warning: If taking antidepressants or other psychotropic medications, use only under the supervision of a qualified healthcare practitioner. Although we are not aware of any interactions, because these also affect brain function there is theoretical potential for negative or positive interactions, either of which would need to be monitored.

Keep in cool, dry place, tightly capped.

Suntheanine®



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



ZenMind®

Calmness Support Day or Night*

Hypoallergenic

Dietary Supplement



120 vegetarian capsules

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
GABA (Gamma-Aminobutyric Acid)	550 mg †
L-Theanine	200 mg †

† Daily Value not established.

Other ingredient: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Formulated exclusively for NutriCology®
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