

Nutritional Support for Healthy Blood*

Nature's Plus® HEMA-PLEX® Chewables are an enjoyable way to promote the optimal health of your blood. Each delicious, mixed-berry-flavored serving synergistically combines 85 mg of organically bound iron with powerful blood-health-boosting botanical cofactors for an energizing difference you can feel!

DIRECTIONS: As a dietary supplement, take three chewables daily.

Free from the common allergens milk, egg, fish, crustacean shellfish, tree nuts, wheat, peanuts and soybeans.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by

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OptiZinc®

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PRODUCT NO. 3768



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Natures Plus®

HEMA-PLEX®

Chewables

Iron with
Synergistic Cofactors for
**TOTAL BLOOD
HEALTH**

Delicious
**MIXED
BERRY
Flavor**

- 85 mg Elemental **Iron**
- Mild and Gentle
- Gluten Free



60 MIXED BERRY CHEWABLES | Dietary Supplement

Supplement Facts

Serving Size 3 Chewables

Servings Per Container 20

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	180 mg	300%
Vitamin E (as d-alpha tocopheryl acetate)	22.5 IU	75%
Thiamin (vitamin B1) (as thiamine hydrochloride)	2.25 mg	150%
Riboflavin (vitamin B2)	2.55 mg	150%
Niacin (as niacinamide)	15 mg	75%
Vitamin B6 (as pyridoxine HCl)	3 mg	150%
Folate (as calcium-L-5-methyltetrahydrofolate)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	1000 mcg	1,667%
Pantothenic Acid (as calcium pantothenate)	7.5 mg	75%
Calcium (as amino acid chelate/complex)	75 mg	8%
Iron (as ferrous fumarate)	85 mg	472%
Zinc (as monomethionine**)	9 mg	60%
Selenium (as amino acid complex)	30 mcg	43%
Copper (as amino acid chelate)	2 mg	100%
Manganese (as amino acid chelate/complex)	4 mg	200%
Proanthoplex - Proprietary Proanthocyanidin/ Bioflavonoid Complex: Bioflavonoids (from Citrus limon/sinensis whole fruit), Bilberry (Vaccinium myrtillus fruit), Wild Black Raspberry (Rubus occidentalis fruit seed), Green Tea (Camellia sinensis leaf), Red Raspberry (Rubus idaeus fruit)	45 mg	†
Beet (Beta vulgaris)	45 mg	
L-Cysteine (free form amino acid)	30 mg	†

†Daily Value not established.

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Other ingredients: Sacrose, fructose, stearic acid, natural flavor (raspberry, cherry), magnesium stearate, natural color (beet juice), organic stevia and silica.