RECOMMENDATION: Chew 2 gummies daily. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Gummies / Servings per Container 30

Amount per 2 Gummies		% DV
Calories	20	
Total Carbohydrate	5 g	2%†
Sugars	3 g	**
Vitamin A (as retinyl palmitate)	2500 IU	50%
Vitamin C (ascorbic acid)	90 mg	150%
Vitamin E (as d-alpha tocopheryl acetate)	60 IU	200%
Biotin (Vitamin B7)	5000 mcg	1667%
Zinc (as zinc citrate)	3.75 mg	25%
Sodium	15 mg	<1%
Hydrolyzed Collagen	300 mg	**
Orchard Fruits™ & Garden Veggies™ Powder	100 mg	**
Blend: Orange, Blueberry, Carrot, Pomegranate,		
Plum, Strawberry, Pear, Apple, Beet, Raspberry,		
Cherry, Pineapple, Pumpkin, Cauliflower, Grape,		
Açaí, Asparagus, Banana, Broccoli, Brussels Sprout,		
Cabbage, Cranberry, Cucumber, Pea, Spina	ich, Tomato	
Silica	6.5 mg	**
Lutein (from Aztec marigold)	500 mcg	**
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†Percent Daily Values (DV) are based on a 2,000 calorie diet.		

Other ingredients: organic tapioca syrup, cane sugar, pectin, natural flavors, citric acid, sodium citrate, elderberry color, vegetable oil (palm and coconut), beeswax

**Daily Value not established.

Premium Beauty Formula for Hair, Skin & Nails*

- Supports Lustrous Hair, Strong Nails & Vibrant Skin*
 - Collagen and Biotin
 - Silica with Antioxidants A. C & E
- Orchard Fruits[™] / Garden Veggies[™]
 - 100 mg blend per serving

Packed with Collagen - the proof is in the gummy!

GLUTEN FREE. No dairy, yeast, wheat, soy, peanuts, eggs, artificial flavors, or preservatives.

Keep out of reach of children. Safety sealed for your protection. Do not use if safety seal under child resistant bottle cap is broken or missing. Avoid excessive heat and direct sunlight. Store at room temperature. Keep bottle tightly closed.

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