



AYURVEDIC HERBS

ORGANIC
Cumin seed

(Cuminum cyminum)



Suggested use: Steep 1 teaspoon per one cup of hot water and strain. Drink tea once or twice daily, or as directed by your health practitioner.

You may also use this product as a culinary spice.

Dietary Supplement

Supplement Facts

Amount Per Serving

Serving Size: 1 tsp

Cumin seed whole (*Cuminum cyminum*)⁺

1 tsp**

⁺ Certified Organic

**Daily Value Not Established

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www.banyanbotanicals.com 1-800-953-6424
Certified Organic by New Mexico Department of Agriculture

