



AYURVEDIC HERBS

ORGANIC

# Cumin seed

*(Cuminum cyminum)*



**Suggested use:** Steep 1 teaspoon per one cup of hot water and strain. Drink tea once or twice daily, or as directed by your health practitioner.

You may also use this product as a culinary spice.

Dietary Supplement

## Supplement Facts

Serving Size: 1 tsp

	Amount Per Serving
Cumin seed whole (Cuminum cyminum) +	1 tsp**

+ Certified Organic

\*\*Daily Value Not Established

©2011 Banyan Botanicals, Albuquerque, NM 87113 USA  
[www.banyanbotanicals.com](http://www.banyanbotanicals.com) 1-800-953-6424  
Certified Organic by New Mexico Department of Agriculture

