



AYURVEDIC HERBS

ORGANIC  
**Coriander seed**

*(Coriandrum sativum)*



**Suggested use:** Steep 1 teaspoon per one cup of hot water and strain. Drink tea once or twice daily, or as directed by your health practitioner.

You may also use this product as a culinary spice.

Dietary Supplement

**Supplement Facts**

Amount Per Serving

Serving Size: 1 tsp

Coriander seed whole (Coriandrum sativum)<sup>+</sup> 1 tsp\*\*

<sup>+</sup> Certified Organic

\*\*Daily Value Not Established

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Certified Organic by New Mexico Department of Agriculture

