



ADVANCED MUSCLE PERFORMANCE

WHEYBOLIC™

CLINICALLY PROVEN PERFORMANCE PROTEIN

Proven to Increase Muscle Strength & Size in Just 8 Weeks**

Ultra-Pure, Fast-Absorbing Whey Protein Isolate & Hydrolysates

40G
PROTEIN

15G
BCAA

10G
LEUCINE

1G
VELOSITOL®



STRAWBERRIES
AND CREAM

NATURAL + ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

NET WT 21.69 OZ
(1.36 LB) 615 G

CODE 386558

HSG

DIRECTIONS: As a dietary supplement, consume 2 scoops in 8 fl. oz. of cold water or your favorite beverage. WheyBolic™ can be consumed first thing in the morning, pre-workout, and/or post-workout. For maximum results, reference usage benefits and consume 2 scoops twice daily.

Supplement Facts

Serving Size	1 Scoop (30.75 g)	2 Scoops (61.5 g)
Servings Per Container	20	10
Amount Per Serving	% Daily Value	% Daily Value
Calories	100	200
Total Fat	0.5 g	<1%
Saturated Fat	0 g	0%
Cholesterol	15 mg	5%
Total Carbohydrate	3 g	1%
Total Sugars	1 g	*
Includes Added Sugars	0 g	0%
Protein	20 g	40 g
Calcium	95 mg	7%
Chromium (as Chromium Piccolinate and Chromium Histidinate)	250 mcg	714%
Sodium	80 mg	3%
Potassium	140 mg	3%

WheyBolic® Complex	11.2 g	*	22.4 g	*
BCAA	7.5 g	*	15 g	*
L-Leucine (From L-Leucine, Whey Protein Isolate, Hydrolyzed Whey Protein)	5 g	*	10 g	*
L-Isoleucine (From Whey Protein Isolate, Hydrolyzed Whey Protein, Micronized L-Isoleucine)	1.25 g	*	2.5 g	*
L-Valine (From Whey Protein Isolate, Micronized L-Valine, Hydrolyzed Whey Protein)	1.25 g	*	2.5 g	*
Glutamic Acid and Glutamine (From Whey Protein Isolate, Hydrolyzed Whey Protein)	3 g	*	6 g	*
Velositol® Aminopectin Chromium Complex	500 mg	*	1 g	*
Proteolase® Protease Enzyme Blend (Proteases from <i>Bacillus subtilis</i> and <i>Anaerobaculum</i>)	200 mg	*	400 mg	*

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: WheyBolic® Protein Complex (Whey Protein Isolate, Hydrolyzed Whey Protein), Natural and Artificial Flavors, Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Lecithin, Citric Acid, Beet Juice Powder (Color), Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Sucralose, Tartaric Acid, Acesulfame Potassium.

CONTAINS: Milk and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Gluten Free.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Significant product settling may occur.

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* An 8-week, randomized, double-blind, placebo-controlled study of 33 healthy men compared the effectiveness of this proprietary module of whey protein and leucine vs. an isocaloric carbohydrate placebo consumed before and after resistance training. Subjects consuming the leucine-whey protein supplement experienced greater increases in muscle strength than those on the placebo. Leucine-whey protein supplementation also increased muscle cross-sectional area from baseline.

* When used in conjunction with an exercise program.

* In an 8-week, randomized, double-blind, placebo-controlled study of 30 healthy male volunteers comparing 1 set resistance training (RT) + active or carbohydrate placebo to 2 sets RT alone with no supplement, the active group showed equal gains in maximal muscle strength and muscle endurance compared to the control group.

* In a randomized, double-blind crossover clinical trial that included 20 recreationally trained, healthy male subjects, those taking 10 g whey protein isolate plus 10 g leucine immediately post-workout showed significant increases in key protein (p70S6k & rpS6) associated with muscle protein synthesis.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol WCP0307. See gnc.com for more information.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

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GNC.com

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