

Nutritional Support for Healthy Blood*

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk.

DIRECTIONS: As a dietary supplement, two capsules daily.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**OptiZinc® is a registered trademark of InterHealth N.J.

***BioPERINE® is a registered trademark and patented product of Sabinsa Corp.



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Manufactured with LOVE ♥ by

Natural Organics Laboratories, Inc., makers of Nature's Plus
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PRODUCT NO. 3772



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Natures Plus®

HEMA-PLEX®

Capsules

Iron with
Synergistic Cofactors for
**TOTAL BLOOD
HEALTH**



- 85 mg Elemental Iron
- Mild and Gentle
- Gluten Free

60 FAST-ACTING



Vegetarian
CAPSULES

Dietary
Supplement

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving		% DV
Vitamin C (Proprietary Esterified Complex – as ascorbyl palmitate, ascorbic acid, magnesium ascorbate, potassium ascorbate, zinc ascorbate)	300 mg	500%
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg	1667%
Riboflavin (vitamin B2)	25 mg	1470%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%
Folate (as calcium-L-5-methyltetrahydrofolate)	400 mcg	100%
Vitamin B12 (as methylcobalamin)	500 mcg	8333%
Pantothenic Acid (as calcium pantothenate)	25 mg	250%
Calcium (as amino acid chelate/complex)	25 mg	3%
Iron (as amino acid chelate/complex)	85 mg	472%
Zinc (as monomethionine**)	5 mg	33%
Selenium (as amino acid complex)	10 mcg	14%
Copper (as amino acid chelate)	2 mg	100%
Manganese (as amino acid chelate/complex)	5 mg	250%
L-Cysteine (free form amino acid)	50 mg	†
Proanthoplex (Proprietary Proanthocyanidin/ Bioflavonoid Complex: Bioflavonoids (from Citrus sp. whole fruit), Bilberry [Vaccinium myrtillus fruit], Wild Black Raspberry, Green Tea, Red Raspberry†)	25 mg	†
Beet (Beta vulgaris)	15 mg	†
Bioperine*** (Piper nigrum fruit extract) (stand. 95% [2.37 mg] 1-piperoylpiperidine)	2.5 mg	†

†Daily Value (DV) not established. ‡See website for details.

Other ingredients: Vegetable cellulose, microcrystalline cellulose, ferrous fumarate, calcium carbonate, manganese sulfate, magnesium stearate, silica, chlorophyll, spinach (Spinacia oleracea leaf), broccoli (Brassica oleracea floret), shattered cell wall chlorella, spirulina, di-calcium phosphate and purified water.