



AYURVEDIC HERBS

ORGANIC
CCF Tea
(Cumin, Coriander, Fennel)

1/2 lb (227 g) | Dietary Supplement



Suggested Use: Combine 2 teaspoons of CCF Tea with 2 cups of water. Bring to a boil, then reduce heat and let the tea simmer for 5 minutes. Remove from heat, strain, and serve! CCF Tea can be made in larger batches at the ratio of 1 teaspoon per 1 cup of water. For a stronger brew, simmer the tea for 10 minutes. Enjoy CCF tea at mealtime to support healthy digestion, or sip throughout the day for a gentle daily detox. **See our website for additional recipes, cooking tips, and more!** www.banyanbotanicals.com/recipes

Supplement Facts

Amount Per Serving

Serving Size: 2 tsps.

Cumin seed whole (<i>Cuminum cyminum</i>) ⁺	2/3 tsp**
Coriander seed whole (<i>Coriandrum sativum</i>) ⁺	2/3 tsp**
Fennel seed whole (<i>Foeniculum vulgare</i>) ⁺	2/3 tsp**

**Daily Value Not Established

⁺ Certified Organic

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www.banyanbotanicals.com 1-800-953-6424
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