



AYURVEDIC HERBS

ORGANIC  
CCF Tea

(Cumin, Coriander, Fennel)

1/2 lb (227 g) | Dietary Supplement



**Suggested Use:** Combine 2 teaspoons of CCF Tea with 2 cups of water. Bring to a boil, then reduce heat and let the tea simmer for 5 minutes. Remove from heat, strain, and serve! CCF Tea can be made in larger batches at the ratio of 1 teaspoon per 1 cup of water. For a stronger brew, simmer the tea for 10 minutes. Enjoy CCF tea at mealtime to support healthy digestion, or sip throughout the day for a gentle daily detox. **See our website for additional recipes, cooking tips, and more! [www.banyanbotanicals.com/recipes](http://www.banyanbotanicals.com/recipes)**

**Supplement Facts**

Serving Size: 2 tsps.

	Amount Per Serving
Cumin seed whole ( <i>Cuminum cyminum</i> ) <sup>+</sup>	2/3 tsp**
Coriander seed whole ( <i>Coriandrum sativum</i> ) <sup>+</sup>	2/3 tsp**
Fennel seed whole ( <i>Foeniculum vulgare</i> ) <sup>+</sup>	2/3 tsp**

\*\*Daily Value Not Established

<sup>+</sup> Certified Organic

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[www.banyanbotanicals.com](http://www.banyanbotanicals.com) 1-800-953-6424  
Certified Organic by New Mexico Department of Agriculture

