

AYURVEDIC HERBS

ORGANIC

Cardamom powder

(Elettaria cardamomum)



Suggested use: ½ to ½ teaspoon with warm water, once or twice daily, or as directed by your health practitioner.

Dietary Supplement

Supplement Facts Amount Per Serving

Serving Size: ½ tsp

Cardamom seed powder (Elettaria cardamomum) + ½ tsp**

**Daily Value Not Established

⁺Certified Organic

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