

USAGE: Take 2 tablets 1 to 2 times per day or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

The adrenal glands produce hormones that underlie the body's mechanisms for coping with physical and mental stress. Factors such as overtraining in athletics and over-reliance on caffeine and other stimulants may tax the adrenals.

Jarrow Formulas® Adrenal Optimizer® combines important nutrients and nutraceuticals that support adrenal health.* Vitamin C, DMAE and pantothenic acid participate in the synthesis and release of adrenal hormones.* Adrenal Optimizer® works best when combined with adequate rest and sound nutrition.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Distributed Exclusively by:
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Lot #. Best Used Before:

Jarrow
FORMULAS®

Adrenal Optimizer®

Supports Adrenal Renewal*
and Stress Reduction*

120
TABLETS

DIETARY
SUPPLEMENT

KSM-66®
ashwagandha

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

	Amount Per Serving	% DV
Vitamin C (as Calcium Ascorbate)	100 mg	110%
Vitamin B ₅ (as Calcium D-Pantothenate)	250 mg	5,000%
Chamomile (Flower Extract) (<i>Matricaria recutita</i>)	125 mg	†
Shatavari (Root Extract) (<i>Asparagus racemosus</i>)	100 mg	†
Gotu Kola (Leaves) (<i>Centella asiatica</i>)	100 mg	†
<i>Rhodiola Rosea</i> (Root Extract)	100 mg	†
Eleuthero (Root Extract) (<i>Eleutherococcus senticosus</i>)	100 mg	†
Licorice (Root Extract) (<i>Glycyrrhiza glabra</i>)	100 mg	†
KSM66® Ashwagandha (Root Extract) (<i>Withania somnifera</i>)	100 mg	†
Schizandra (Fruit and Seed Extract) (<i>Schisandra chinensis</i>)	80 mg	†
DMAE (from DMAE Bitartrate)	25 mg	†
† Daily Value not established.		

Other Ingredients: Cellulose, calcium phosphate, stearic acid (vegetable source), maltodextrin, silicon dioxide, magnesium stearate (vegetable source) and a food-grade coating.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

KSM66® is a registered trademark of Ixoreal Biomed Inc.