

**BANYAN<sup>®</sup>**  
**BOTANICALS**

AYURVEDIC HERBS

# Ashwagandha

Rejuvenative for Vata and Kapha that  
Promotes Vitality and Strength\*



90 Tablets  
Dietary Supplement

Certified Organic

**SUGGESTED USE:** Take 1-2 tablets, once or twice daily, or as directed by your health practitioner.  
Not for use by pregnant women.

## Supplement Facts

Serving Size: 2 tablets

Servings Per Container: 45

Amount  
Per Serving

|                                                          |                      |
|----------------------------------------------------------|----------------------|
| Ashwagandha root, <i>Withania somnifera</i> <sup>+</sup> | 1000mg <sup>**</sup> |
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<sup>+</sup>Certified Organic

<sup>\*\*</sup>Daily Value not established

Other ingredients, from natural sources: organic gum acacia,  
organic rice flour.

Free of gluten, soy, and dairy. 100% vegetarian.

If you are pregnant, nursing, taking medications, or have a  
medical condition please consult with your health care  
practitioner prior to the use of this product.

Keep out of the reach of children.

Ashwagandha supports healthy adrenals and assists the body  
in combating stress. It promotes energy and vitality  
throughout the day while calming the mind and promoting  
sound, restful sleep at night.\*

\*These statements have not been evaluated by the Food  
and Drug Administration. This product is not intended to  
diagnose, treat, cure, or prevent any disease.

Store in a cool, dry place. Do not use if seal is broken or missing.

Distributed by  
Banyan Botanicals,  
Albuquerque, NM 87113  
Made in USA

Certified Organic by  
New Mexico Department  
of Agriculture

Ex. 16

1-800-953-6424 [www.banyanbotanicals.com](http://www.banyanbotanicals.com)

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