

Professional
Botanicals®

CreaPlex

Creatine™

Premium
Quality

135 Grams - Powder Drink

Creatine supplementation supports healthy muscle. Great addition to any strength training routine. Our formula provides 3 creatine sources for improved absorption, and added brown rice protein provides essential amino acids.*

USAGE: Mix two scoops to 8-12 oz. of water. Experts recommend loading for best results. **To Load:** Take 1 serving 4x a day for 5 days. **To Maintain:** Take 30 min before workout or directly after. Drink an extra 16 oz. of water per day for every serving used.

EDS®: Added enzymes for better absorption & breakdown.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MADE IN USA | GLUTEN FREE | NON GMO

Nutrition Facts

Serving Size 6.75g (2 Scoops)
Servings 20

Amount per serving	%DV
Creatine.....4.5 g	†
Creatine Monohydrate.....2.250 g	†
Di-Creatine Malate.....1.125 g	†
Creatine Pyruvate.....1.125 g	†

Brown Rice Protein.....1.5 g

Amino Acids from Brown Rice Protein (Alanine, Arginine, Aspartic Acid, Cystine, Glutamic Acid, Glycine, Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Proline, Serine, Threonine, Tryptophan, Tyrosine, & Valine).

Proprietary Blend.....550 mg

Lemon Balm powder, Stevia, Natural Lemon-Lime Flavors, EDS® (Amylase, Protease, Lipase & Cellulase) & 12 Strain Probiotic Mix (L. Plantarum, L. Rhamnosus, B. Bifidum, B. Infantis, B. longum, E. Faecium, L. Acidophilus, L. Casei, L. Helveticus, L. Salivarius, P. Acidilactici, & S. Thermophilus).

† %DV Not Established

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