



Mellow Mag

Nature's Calming
Magnesium Supplement

Muscle and Bone Health

RASPBERRY LEMONADE FLAVOR

MINERAL SUPPLEMENT | 10 STICK PACKS

Mellow Mag

Nature's Calming Magnesium Supplement

swanson.com
or call 1-800-437-4748

Supplement Facts

Serving Size 1 Stick Pack (4.8 g)

Servings Per Container 10

Amount Per Serving		% Daily Value
Magnesium	330 mg	79%
Sodium	10 mg	0%

Ingredients: Citric acid, malic acid, magnesium carbonate, natural flavors, stevia blend, sodium chloride.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

Fargo, ND 58104 USA • 1-800-437-4148

Suggested use: As a dietary supplement, mix 1 stick pack in 8 oz of cold water. Adjust the amount of water as needed to achieve desired flavor intensity.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

- Supports relaxation, mood and helps combat stress
- Restores healthy magnesium levels
- Promotes muscle, bone and nervous system health



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