

For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. ***We guarantee it.***

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Refrigerate after opening. Do not use if outer seal is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

100% SOLVENT FREE

TO REORDER PROD. # **12820**
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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Certified Organic by QAI

B12820 08D



VEGETARIAN FORMULA
16 FL. OZ. (473 ML) **DIETARY SUPPLEMENT**

DIRECTIONS: SHAKE WELL. For adults, take one (1) tablespoon (15 mL) daily, with a meal.

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container about 31

Amount Per Serving	%Daily Value	
Calories	130	
Calories from Fat	130	
Total Fat	14 g	21%**
Saturated Fat	1.5 g	7%**
Polyunsaturated Fat	10 g	***
Monounsaturated Fat	3 g	***
Organic High Lignan Flaxseed Oil	13,950 mg (13.95 g)	***
which typically contains:		
Alpha-Linolenic Acid	6,528 mg	***
Linoleic Acid	1,674 mg	***
Oleic Acid	1,953 mg	***
Other Fatty Acids, Lignans	1,004 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Ingredient: Organic High Lignan Flax Oil.

Vitamin World premium quality organic high lignan flax oil is pure and unrefined. Our organic, non GMO flax seeds are expeller-pressed, without the use of chemical solvents. Through this unique cold processing method, the flaxseeds are pressed at cold temperatures to ensure purity, optimize free fatty acid profiles and help maximize protective nutrients.

We bottle our premium quality organic high lignan flax oil in a dark container to minimize light exposure and ensure the highest level of freshness and purity. We flush our premium quality organic high lignan flax oil with a nitrogen blanket to safeguard it from oxygen exposure.