

evening primrose oil

1,000 mg

helps support women's health**
provides 90 mg GLA



75 SOFTGELS
DIETARY SUPPLEMENT

**This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Calories 10	
Calories from Fat 10	
Total Fat 1 g	2%*
Polyunsaturated Fat 1 g	†
Evening Primrose Oil (seed) 1 g (1000 mg)	†
Linoleic Acid (LA) 730 mg	
Gamma-Linolenic Acid (GLA) 90 mg	

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Ingredients: Evening Primrose Oil, Gelatin, Glycerin.

GLUTEN FREE

Questions? Call 1-800-910-6874

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BALANCE

Evening primrose oil helps provide nutritional support for women.** Evening primrose oil is a source of the important unsaturated fatty acid Gamma-Linolenic Acid (GLA). GLA is a precursor to prostaglandins, action-specific biomolecules that regulate many important functions in cells.** This formula contains 90 mg GLA.

Directions: Adults, take one softgel three times daily, preferably with a meal.

Caution: If you are pregnant or nursing a baby, or if you are taking any medication, are planning any medical procedure, have a medical condition or have bleeding problems, consult your doctor before taking this product.

Keep out of reach of children.

Store at room temperature (59°F-86°F).

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium.

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ACTUAL SIZE