

Do not use if printed  
seal under cap is  
broken or missing

# multivitamin/ multimineral dietary supplement

Compare to ingredients in Centrum®\*\*

adults under 50  
31 nutrients  
400 IU Vitamin D3



**200**  
TABLETS

200 TABLETS SHOWN ACTUAL SIZE ABOVE



## Supplement Facts

Serving Size 1 Tablet

| Each Tablet Contains                         | % DV | Each Tablet Contains   | % DV | Each Tablet Contains | % DV |
|----------------------------------------------|------|------------------------|------|----------------------|------|
| Vitamin A 3,500 IU<br>(59% as Beta-Carotene) | 70%  | Vitamin B12 6 mcg      | 100% | Manganese 2.3 mg     | 115% |
| Vitamin C 60 mg                              | 100% | Biotin 30 mcg          | 10%  | Chromium 35 mcg      | 29%  |
| Vitamin D 400 IU                             | 100% | Pantothenic Acid 10 mg | 100% | Molybdenum 45 mcg    | 60%  |
| Vitamin E 30 IU                              | 100% | Calcium 200 mg         | 20%  | Chloride 72 mg       | 2%   |
| Vitamin K 25 mcg                             | 31%  | Iron 18 mg             | 100% | Potassium 80 mg      | 2%   |
| Thiamin 1.5 mg                               | 100% | Phosphorus 20 mg       | 2%   | Boron 75 mcg         | .    |
| Niacin 17 mg                                 | 100% | Iodine 150 mcg         | 100% | Nickel 5 mcg         | .    |
| Vitamin B6 2 mg                              | 100% | Magnesium 50 mg        | 13%  | Silicon 2 mg         | .    |
| Folic Acid 400 mcg                           | 100% | Zinc 11 mg             | 73%  | Tin 10 mcg           | .    |
|                                              |      | Selenium 55 mcg        | 79%  | Vanadium 10 mcg      | .    |
|                                              |      | Copper 0.5 mg          | 25%  |                      |      |

\*Daily Value (DV) not established

Ingredients: Calcium Carbonate, Potassium Chloride, Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, Ferrous Fumarate, D-Alpha Tocopheryl Acetate (Vit. E), Gelatin, Croscarmellose Sodium, Niacinamide, Stearic Acid, Polyvinyl Alcohol, Titanium Dioxide Color, Calcium Silicate, Zinc Oxide, Calcium Pantothenate, Polyethylene Glycol, Manganese Sulfate, Magnesium Stearate, Silicon Dioxide, Talc, Pyridoxine Hydrochloride (Vit. B6), Thiamine Mononitrate (Vit. B1), Riboflavin (Vit. B2), Cupric Sulfate, Vitamin A Acetate (Vit. A), Beta-Carotene, Folic Acid, FD&C Yellow #6 Aluminum Lake, Iodine Borate, Chromium Picolinate, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Sodium Metasilicate, Biotin, Phytonadione (Vit. K), Sodium Metavanadate, Stannous Chloride, Nickel Sulfate, Cholecalciferol (Vit. D3), Cyanocobalamin (Vit. B12).

**SUGGESTED USE:** Adults - Take one tablet daily with food. Not formulated for use in children. Do not exceed suggested use. If with any supplement, if you are pregnant or nursing a baby, or are taking medication or have a medical condition, consult your doctor before use.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**IMPORTANT INFORMATION:** Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements. Store at room temperature. Keep bottle tightly closed.

This product is not manufactured or distributed by Pfizer, marketer of Centrum®.  
Questions? Call 1-800-910-6874

**GLUTEN FREE**

SKU 32 1016 ID201455  
Distributed by Target Corporation, Minneapolis, MN 55403  
© 2012 Target Brands, Inc. All Rights Reserved Shop Target.com

EXP09/14  
2LN1684  
: 6C262 UW F3