## Pure Nutrition, Pure Quality, Pure Results

Pure Advantage's MRP contains a superior source of whey protein and milk protein isolate (casein) to form the ultimate multi-functional time released protein. New research shows that a combination of an anti-catabolic milk protein (casein) along with the anabolic effects of whey protein are much more effective for muscle growth and repair than whey protein alone. Since whey rapidly increases protein synthesis and casein blocks protein breakdown, this proprietary blend is an ideal source for sustained amino acid availability.

Pure Advantage's MRP contains Multi-Guard, a comprehensive multiple vitamin, mineral, and anti-oxidant program. A good multi-vitamin is the foundation of health and nutrition. A diet lacking in certain nutrients may lead to health concerns and decreased performance and/or recovery from exercise. Multi-Guard is a synergistic blend of vitamins, minerals and anti-oxidants that will cover any nutritional shortfalls throughout the day.

**Excellent Fiber Source:** Dietary fiber is known for its ability to support and maintain intestinal regularity. The MRP contains 7 grams of soluble and insoluble fiber per serving which supports intestinal and digestive health. Inulin is added to stimulate the growth of friendly and healthy intestinal bacteria which supports good colon health.

Added Joint Health: The MRP contains a source of bioactive milk compounds (MicroLactin®) which have been clinically proven to promote healthy joint function and speed up recovery time. MicroLactin® may also help decrease joint pain & stiffness while significantly improving mobility and range of motion.

So get the Advantage with Pure Advantage™ 100% GUARANTEED

MicroLactin® is a registered trademark of Stolle Milk biologics, Inc. U.S. Patent No. 5,650,175

VitaBerry® is a registered trademark of VDF FutureCeuticals, Inc.

Alphabeads\*\* is a registered trademark of Carotech

Digese®Plus is a registered trademark of Specialty Enzymes & Biochemicals

These statements have not been evaluated by the FDA.

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This product is not intended to diagnose, treat, cure or prevent any disease.

Exclusively Manufactured for:
Pure Advantage • Phoenix, AZ
1-800-798-0707 • www.pure-advantage.net





All Natural Meal-Replacement Shake

42 grams of Quality Protein • Mixes Instantly • 7 Grams of Fiber 24 Vitamins & Minerals • Anti-Oxidant Support

A Dietary Supplement 3 lbs. (1380 grams)

Chocolate

## Suggested Use:

Mix 2 heaping scoops with 10 oz. of cold water or favorite beverage and thoroughly mix in a shaker or blender for 30 seconds.

For best results, use 2 to 3 servings daily. Notice: Use this product as a food supplement only. Do not use for weight reduction.

## Nutrition Facts

Serving Size: (2) heaping scoops (69 g) Servings Per Container: 20

Amount Per Serving 9		%DV*	Amount P	Amount Per Serving 9	
Calories	250		Potassium	235 mg	7
Calories from Fat	18		Alpha Lipoic Acid	25 mg	
Total Fat	2 g	3%	L-Carnitine	20 mg	
Saturated Fat	1 g	5%	Choline Bitartrate	20 mg	
Cholesterol	75 mg	25%	Inositol	20 mg	
Sodium	144 mg	6%	Quercetin	20 mg	
Total Carbohydrate	16 g	5%	Grapeseed Extract 95%	8 mg	
Dietary Fiber	7 g	28%	CoQ10	8 mg	
Sugars	3 g		PABA (para aminobenzoic acid)	3 mg	
Protein	42 g		Lycopene	1 mg	
Vitamin A (Alphabeads® natural mixed	6,250 IU	125%	VitaBerry® HiORAC Fruit Blend	10 mg	
carotenoid complex containing Alpha-	Carotene.		Mangosteen	1,5 mg	
Beta-Carotene, Gamma-Carotene & Ly			Boron	500 mca	
Vitamin C	63 mg	105%	Typical Amino Acid Profile		
Vitamin D (as Cholecalciferol)	50 <b>I</b> Ū	13%	Alanine	1900 ma	
Vitamin E	100 <b>I</b> U	333%	Arginine	1190 mg	
Thiamine	13 mg	867%	Aspartic Acid	5000 mg	
Riboflavin	13 mg	765%	Cysteine	790 mg	
Niacinimide	38 mg	190%	Glutamic Acid	7450 mg	
Vitamin B6	13 mg	217%	L-Glutamine	1100 mg	
Folic Acid	200 mcg	50%	Histidine	620mg	
Vitamin B12 (as Methylcobalamin)	250 mcg	4167%	Isoleucine	2290 mg	
Biotin	75 mcg	250%	Valine	2150 mg	
Pantothentic Acid	38 mg	380%	Leucine	3780 mg	
Calcium	510 mg	51%	Lysine	3220 mg	
Todine	19 mcg	13%	Methionine	970 mg	
Magnesium	135 mg	34%	Phenylalanine	1390 mg	
Zinc	4 mg	27%	Proline	2990 mg	
Selenium	50 mcg	71%	Serine	1900 mg	
Copper	500 mcg	25%	Threonine	2300 mg	
Manganese	1 mg	50%	Tryptophan	500 mg	
Chromium	50 mcg	42%	Tyrosine	1410 mg	
Molybdenum	20 mcg	27%	<u> </u>		
+ Doily Value not established . *Devent Doily Values (IV DV) are beard on a 2 000 caloris dist					

+ Daily Value not established \*Percent Daily Values (%DV) are based on a 2 000 calorie diet

gradients: Whey Advantage Proprietary Protein Bland: (Ultra-Fliered Whey Protein Concentrates, Cross Flow Minco-Fliered Whey 
throtein Isolates, Mik Protein Isolates, ig. 6 Hyperfamme Micrountrient Peptides (Microtachine) & Leditamine), Fiber Bland (Flax See 
blersel-2, Indin, Guar Gum and Oat Bran), DigeselPlus® Enzyme Bland (Amylase, Protease IRI, Lactase, Lipase, Calluse, Matase, 
urcase) WitaBerry MinGAC Fruit Bland (Wild Blueberry Extract, Garge & Gengs Seed Extract, Raspberry & Raspberry Seed Extract 
ranberry, Prune, Tart Cherry, Wild Bilberry Extract, & Strawberry), MultiGuarto (Calcium Complex (from Calcium Carlotace), Ascorbic acid 
Ascorby Palmitate), Alphabeads® Mixed Carotaneid Complex (Alpha-Cardone), Beta-Cardone & Gamma-Cardone), Potassium 
omplex (from Passium Aspartate), Alpha-Eedgolutarist, (from 4-Alpha Tocopherd Acetate), Succinate, 
blored Tocopherol Palmitate), Alphabeads® Mixed Cardoneid Complex (Alpha-Cardone), Beta-Cardone), Potassium 
beta-Cardoneid, Palmitate), Alphabeads® Mixed Cardoneid, Richard (Alpha-Cardone), Beta-Cardoneid, Beta-Cardone



KEEP OUT OF REACH OF CHILDREN STORE IN A COOL, DRY PLACE SERVING SCOOP INCLUDED, BUT MAY SETTLE TO BOTTOM DURING SHIPPING