



inShape
FITNESS DRINK™

SCIENTIFICALLY FORMULATED TO:

BURN FAT
PLUS BRANCHED CHAIN AMINO ACIDS FOR BETTER
FITNESS & PERFORMANCE

DIETARY SUPPLEMENT

Recommended Use:
As a dietary supplement,
drink one bottle 3 times per
day, preferably 1-1/2 to 2
hours before or between meals.

Ingredients: Filtered Water,
Natural Flavors, Super CitriMax
(Garcinia Cambogia Fruit Extract),
Citric Acid, Branched Chain Amino
Acids (L-Leucine, L-Isoleucine,
L-Valine), L-Carnitine-L-Tartrate,
Fruit and Vegetable Juice For Color,
Sucralose, Ascorbic Acid, Glycerol
Ester of Wood Rosin, ChromeMate
(Chromium O-Polynicotinate)

REFRIGERATE AFTER OPENING

Not recommended for pregnant or
lactating women, nor for use by children.
These statements have not been evaluated by
the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure or prevent disease.

Produced under the authority of
Healthy American Beverages, Inc.
East Syracuse, NY 13057 © 2009
For customer questions & information visit us
at www.healthyamericanbeverages.com

Contains less than 1% fruit juice

Supplement Facts

Serving Size 20 fl oz (591 mL)

Amount Per Bottle	% Daily Value*
Calories (Energy) 10	
Total Fat 0g	0%
Sodium 50mg	2%
Potassium (as Hydroxycitrate) 210 mg	6%
Total Carbohydrate 1g	less than 1%
Sugars 0g	
Calcium (as Hydroxycitric Acid) 150mg	15%
Chromium (as O-Polynicotinate)†	111%
Garcinia Cambogia (Fruit) Extract†† 1500mg	**
(-)-Hydroxycitric Acid 900mg	**
L-Carnitine 150 mg	**
Branched Chain Amino Acids 500 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

† ChromeMate® brand niacin-bound Chromium
(U.S. Patent 5,194,615).

†† Super CitriMax® brand (-)-Hydroxycitric Acid
(U.S. Patents 6,160,172, 6,395,296, 6,875,891,
7,355,651 and worldwide patents pending)

This novel weight
control beverage contains
optimal doses of Super
CitriMax® (-)-Hydroxycitric
Acid and ChromeMate®
niacin-bound Chromium,
clinically proven to help:

- CURB APPETITE* • BURN FAT*
- REDUCE BODY WEIGHT 3-TIMES GREATER
THAN DIET & EXERCISE ALONE*
- PROMOTE HEALTHY SEROTONIN LEVELS*
- PROMOTE NORMAL CHOLESTEROL LEVELS*

CHROME MATE®

Super CitriMax®

Super CitriMax® is a unique,
patented form of
(-)-Hydroxycitric Acid (HCA)
bound to the minerals
calcium and potassium,
which significantly
increases the
bioavailability and
effectiveness of HCA.
Studies show that a
combination of
Super CitriMax®
and ChromeMate®
are more effective
than Super
CitriMax® alone.

Trademarks of InterHealth N.I.

*These statements have not been
evaluated by the Food
and Drug Administration.
This product is not intended
to diagnose, treat, cure
or prevent any disease.



inShape
FITNESS DRINK™

SCIENTIFICALLY FORMULATED TO:

BURN FAT
PLUS BRANCHED CHAIN AMINO ACIDS FOR BETTER
FITNESS & PERFORMANCE

10

DIETARY SUPPLEMENT / CALORIES PER 20 OZ SERVING
20 FL.OZ. (591 mL)

L-CARNITINE
To assist in the
metabolism of fats.

**BRANCHED CHAIN
AMINO ACIDS**
For better fitness &
performance

NO PRESERVATIVES

NO CAFFEINE

**NO ARTIFICIAL
FD&C DYES (COLOR)**

NO ASPARTAME

NO SUGAR

PLEASE RECYCLE
ME 5 CENT DEPOSIT
CA CASH REDEMPTION VALUE
HI 5 CENTS

