

**Nutritional Support for
Overall Well-Being.***

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, corn, and milk. Contains fish and soy.

OMEGA 3 Complete conforms to the strictest standards for purity, including California's Proposition 65.

DIRECTIONS: As a dietary supplement for EPA, DHA, and essential nutrients, one softgel twice daily.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ for **NATURE'S PLUS**
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Div. of Natural Organics, Inc.
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PRODUCT NO. 3965



Natures Plus.

EPA and DHA

OMEGA



ESSENTIAL FATTY ACIDS FROM FISH OIL
Dietary Supplement



60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%DV
Calories	15
Calories from Fat	15
Total Fat	1.5 g ... 2%**
Polyunsaturated Fat	1.5 g
Vitamin E	50 IU ... 167%
(as d-alpha tocopheryl acetate)	
Vitamin B6 (as pyridoxine HCl)	10 mg ... 500%
Magnesium (as aspartate)	60 mg ... 15%
Selenium (as [Biotron] yeast-free amino acid complex)	25 mcg ... 36%

Marine Lipid Concentrate 900 mg †
(from anchovy, sardine and mackerel)

Supplying:

Eicosapentaenoic Acid (EPA)	162 mg
Docosahexaenoic Acid (DHA)	108 mg
Total Omega-3 Fatty Acids	270 mg
Garlic (<i>Allium sativum</i> clove)	2.5 mg †
(equivalent to 500 mg of fresh garlic)	

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other ingredients: Gelatin, glycerin, beeswax, carob and purified water.