

CONTAINS: Lecithin Granules.

DIRECTIONS: One or two tablespoons daily in juice, cereal, etc., or eat as is from the container.

NATURE'S PLUS LECITHIN GRANULES are made from the highest quality natural soybean lecithin, containing 95% – 98% Soy Phosphatides. This concentrated product is equivalent to 11.25 grams of oil-based liquid lecithin per serving. **NATURE'S PLUS** Lecithin is made in the United States, so you know you are getting the freshest product available. You avoid the usual delay encountered when imported lecithin is used. This pleasant-tasting, oil-free lecithin provides the highest potencies of **naturally** occurring Choline and Inositol.

**KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

PRODUCT NO. 4210



Natures Plus.

NATURAL SOYA

LECITHIN GRANULES

95% – 98% SOY PHOSPHATIDES



Net Wt. 12 oz. (340g)



Nutrition Facts

Serving Size 1 Level Tablespoon (7.5g)
Servings Per Container 45

Amount Per Serving

Calories 50 Calories from Fat 36

%Daily Value*

Total Fat 4g **6%**

Saturated Fat 1g **5%**

Trans Fat 0g

Polyunsaturated Fat 2.5g

Monounsaturated Fat 0.5g

Sodium 0mg **0%**

Total Carbohydrate 1g **0.3%**

Protein less than 1g

Calcium 2% • Iron 2%

Phosphorus 15% • Magnesium 4%

Not a significant source of cholesterol, protein, dietary fiber, sugars, vitamin A and vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet.

Each Serving Also Provides:

Phosphatidylcholine..... 1500 mg

Inositol phosphatides..... 900 mg

Manufactured with LOVE ♥ by
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