

DO NOT USE IF PRINTED
SEAL UNDER CAP IS
BROKEN OR MISSING

7



prenatal vitamins dietary supplement

for pregnant or lactating women
meets USP quality, purity and
potency standards



TM



100 TABLETS
SHOWN ACTUAL SIZE ABOVE

Supplement Facts

Serving Size: 1 tablet

Amount Per Tablet	% Daily Value for Pregnant/ Lactating Women
Vitamin A 4000 IU (100% as Beta-Carotene)	50%
Vitamin C 120 mg	200%
Vitamin D 400 IU	100%
Vitamin E 30 IU	100%
Thiamin 1.8 mg	106%
Riboflavin 1.7 mg	85%
Niacin 20 mg	100%
Vitamin B6 2.6 mg	104%
Folic Acid 800 mcg	100%
Vitamin B12 8 mcg	100%
Calcium 200 mg	15%
Iron 28 mg	156%
Zinc 25 mg	167%

Ingredients: calcium carbonate, ascorbic acid, microcrystalline cellulose, ferrous fumarate, dl-alpha tocopheryl acetate, zinc oxide, gelatin, acacia, croscarmellose sodium, niacinamide, stearic acid, dextrin, silicon dioxide, hypromellose, titanium dioxide, magnesium stearate, polyethylene glycol, pyridoxine hydrochloride, beta-carotene, FD&C red #40 aluminum lake, thiamine mononitrate, riboflavin, dextrose, lecithin, folic acid, FD&C yellow #6 aluminum lake, FD&C blue #2 aluminum lake, cholecalciferol, cyanocobalamin. **CONTAINS: SOY**

Suggested Use: One tablet daily with food or as directed by your physician. For use prior to conception, during pregnancy, and during the postnatal period.

Specially designed to supply important nutrients to meet the needs of a woman's body before, during and after pregnancy.*

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Oil- and Water-Soluble Vitamins with Minerals Tablets
This product is formulated per official U.S. Pharmacopeia (USP) standards to meet quality, potency, and disintegration or dissolution requirements.
Store at room temperature (59°-86°F).

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Questions? Call 1-800-910-6874

GLUTEN FREE

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