

SUGGESTED USE: This product is a high dose vitamin D capsule that is not typically for daily use. Please refer to your physician for a dosing schedule. Formulated to be free of allergens derived from: Gluten, yeast, artificial colors and flavors. If you are pregnant or nursing, consult your physician before taking this product. As with all dietary supplements, some individuals may not tolerate or may be allergic to the ingredients used. Please read the ingredient panel carefully prior to ingestion. Cease taking this product and consult your physician if you have negative reactions upon ingestion. **STORE AT ROOM TEMPERATURE. KEEP OUT OF REACH OF CHILDREN.** This product was sealed for your protection. Do not use if outer neck seal or inner-seal is missing or damaged.

103.001

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Mfg for:
Holtorf Medical Group®
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Optimal D

Dietary Supplement

Essential Support for Bone, GI and Immune Health†

15 Capsules

HOLTORF MEDICAL GROUP®

CENTERS FOR HORMONE IMBALANCE, HYPOTHYROIDISM AND FATIGUE

Supplement Facts^{V1}

Serving Size 1 Capsule

Servings Per Container 15

1 capsule contains	Amount Per Serving	% Daily Value
Vitamin D3 (as Cholecalciferol)	50,000 IU	12,500%

Other Ingredients: Natural Vegetable Capsules. This product may contain one or more of the following: Calcium Silicate, Magnesium Stearate, Microcrystalline Cellulose, Silicon Dioxide and Stearic Acid.

Label ID L-HOL780-103015-A Product #103015